

LANCASTER GENERAL COLLEGE OF NURSING AND HEALTH SCIENCES
Institute for Professional Development

COMPETENCY BEHAVIOR CHECKLIST

Urethral Catheterization Verification

Skills checklists should be completed annually as part of your skills competencies. You may have a RN observe you and sign off your checklist. Return the skills checklist to your Manager when completed.

NAME _____	Job Title _____
Unit _____	
1. Explains procedure to patient	
2. Positions the patient	
3. Opens sterile catheterization kit appropriately	
4. *Dons sterile gloves following aseptic technique	
5. *Establishes a sterile field	
6. Lubricates catheter tip	
7. Pours antiseptic over cotton balls	
8. *Cleanse area using forceps according to sterile principles	
9. Inserts catheter and observes for urine drainage	
10. Advances catheter slightly further and inflates the balloon	
11. Tests that the balloon hold the catheter in place	
Management	
12. Secures tubing with Statlock (inpatients only)	
13. Positions bag lower than bladder	
14. Empties collecting bag	

**** Required behavior/critical elements. Failure to demonstrate sterile technique will be an automatic failure for the skill.

Date: _____	Date: _____	Date: _____
Evaluator: _____	Evaluator: _____	Evaluator: _____
Circle One: Foley Straight Catheter	Circle One: Foley Straight Catheter	Circle One: Foley Straight Catheter