



SAMARITAN COUNSELING CENTER

*Here for hope and healing*

### **Workplace Impact on Victim**

- **Impaired work performance**
  - Depression, anxiety, inability to concentrate
  - Exhaustion, loss of confidence
- **Require more time off**
  - Late, missed days, need to leave early
- **75% face harassment from abuser at work**
  - E-mail, phone calls, showing up unexpectedly

### **Possible Signs of Abuse in a Co-worker**

- Unexplained tardiness
- Change in work performance
- Anxiety
- Lack of concentration
- Tendency to remain isolated from co-workers
- Uneasiness with communicating to others
- Sudden or unexplained requests to be moved from public locations in the workplace, such as the reception area
- Placing (abuser) or receiving harassing phone calls
- Unexplained or inadequately explained bruises or injuries; hiding with clothing

### **Workplace Safety Plan - Strategies**

- Change in work location
- Parking lot security
- Unpredictable work schedule
- New e-mail address/phone/removal from internal directory
- Copy of PFA/photo of abuser to Security/Manager/HR
- Involvement of Security and Human Resources
- Extended leave to stay in a shelter or safe place